

TOPS' HELPING ANGEL

I am a Little Angel,
Sent to be your Guide,
To Help You When You're Tempted-
A Reminder, By Your Side.
I Cannot Do It All for You-
Only You Can Direct Your Fate;
But I Will Be There to Help You,
Should You Decide to Wait!
So Be Careful of Your Calories;
Stand Firm to Your Heart's Desire!
Get a Little Exercise;
Set Your Heart on Fire!
And When You Feel You Have to Eat
Things You Know You Shouldn't,
Just Pick Me Up and Look at Me-
And See the YOU, Who Wouldn't!
For You KNOW What You Need to Do,
And WHAT Should Be Denied;
You Only Need a Helping Hand-
That's Why I'm By Your Side!
Yes, You Know that YOU CAN DO IT-
And So Do All of Us at TOPS:
We'll Look For YOU, In the Circle of Light,
As YOU Become a KOPS!