

## “TOPS DREAM”

I dreamed I was an astronaut who soared among the stars.  
I dreamed I made my travel plans on Jupiter and Mars.  
I dreamed I was a mountaineer who climbed the highest peak.  
I dreamed I was a scientist with wondrous cures to seek.  
I dreamed I was a butterfly who flitted among the flowers.  
I dreamed I was a pendulum as the clock ticked away the hours.  
I dreamed I was a lazy cat just sleeping in the sun.  
I dreamed my life was nearly o'er and I'd missed all the fun.  
And then I dreamed a wondrous dream, it made my faint heart sing.  
I dreamed I'd found a goal in life, a personal precious thing.  
I dreamed that I could change my life, to be the best I can.  
I dreamed that I could win this goal, by helping fellow man.  
I dreamed the most important quest is well within our reach.  
We can lose weight, improve our lives, for this at TOPS they teach.  
I dreamed that if I truly tried to seek out friends who care,  
I'd find them at a place called TOPS with common goals to share.  
I dreamed that TOPS does have a plan to help me on my way,  
As long as I will do my part, they'll help me if I stray.  
I dreamed support, a helping hand is always to be found.  
TOPS – Not a Dream – a reality, the most caring group around.

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