

TOPS Summer Vacation Contest

Entry Fee: 2 travel size items or \$2.00

Winner: First to earn \$5000 towards "Fantasy Vacation" will receive all of the travel items. In case of a tie, the items will be split between the winners.

Travelers start earning their vacation \$\$\$ on [date] Good Luck & Bon Voyage!

TOPS w/Loss or KOPS at/below goal earn \$100

TOPS w/turtle or gain; KOPS above goal or out of leeway \$0

CALORIE CHART \$200

CALL OR WRITE A TOPS PAL \$100

STAY FOR THE ENTIRE MEETING \$25

WALKING, JOGGING, RUNNING, VOLKSMARCH, ETC. 1MILE = \$10

OTHER EXERCISE: SWIMMING, CYCLING, AEROBICS CLASSES, WEIGHT LIFTING, YOGA, ETC. 20 MINUTES = \$10

BEST LOSER OF THE WEEK \$50

RUNNER UP LOSER \$25

TOP KOPS \$50