

SNOWMAN CONTEST RULES

Start contest now or wait till after the holidays for the New Year. Every member gets one plain blank snowman the first week of the contest. If a member is not at that meeting they get their snowman the following week and will then be 1 week behind the rest of the chapter in building their snowman. Make copies of the Snowman body and copies of the page of all his parts for each member.

Each week that you do the following rules, you cut out the parts of the Snowman for that week and put on your Snowman body.

Week #1 – Snowman body is FREE

Week #2 – You earn Snowman mouth & his buttons

Week #3 – You earn Snowman Top hat

Week #4 – You earn Snowman eyes & nose

Week #5 – You earn Snowman arms & hands

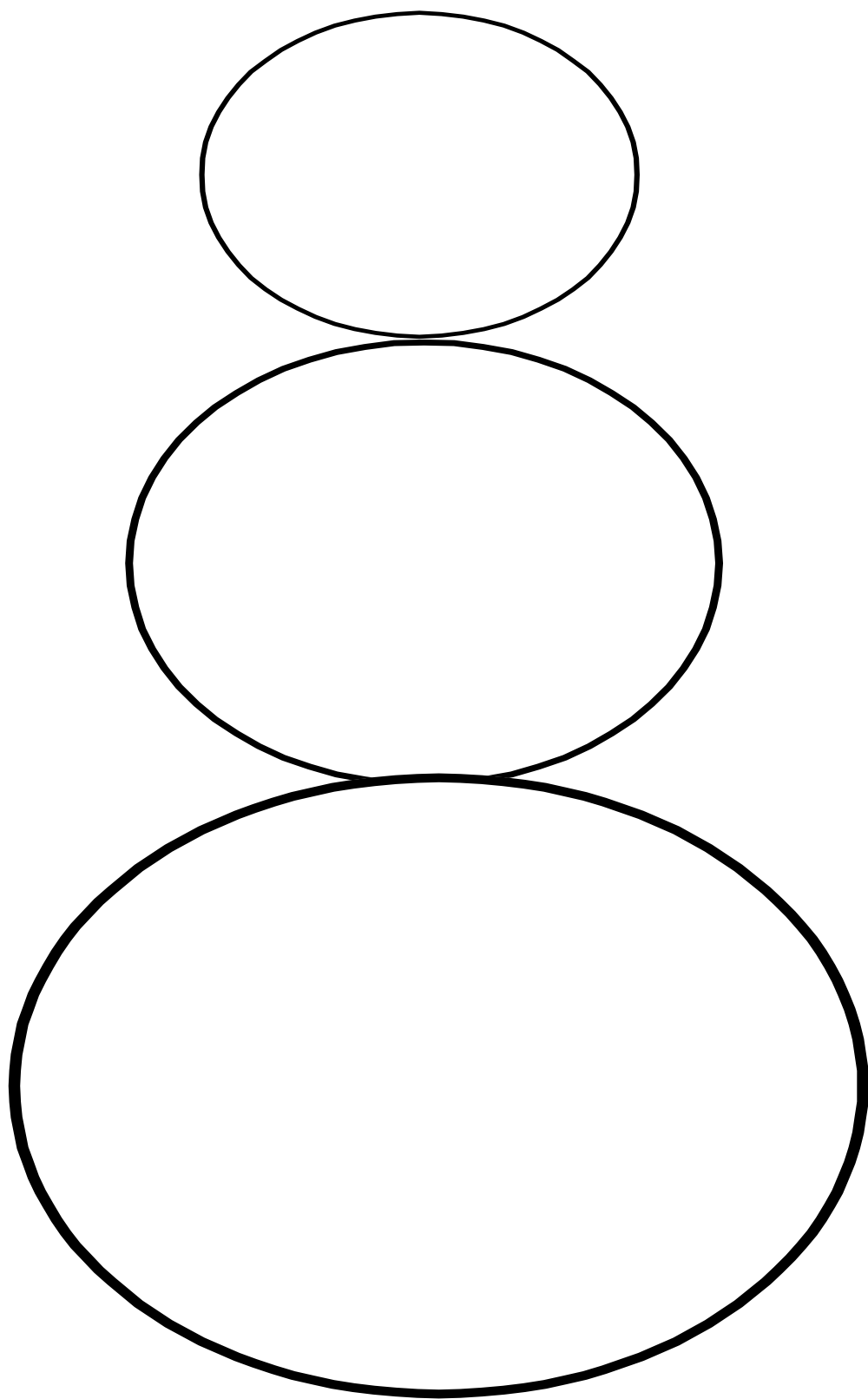
Week #6 – You earn Snowman scarf

To earn your Snowman parts each week you must do the following;

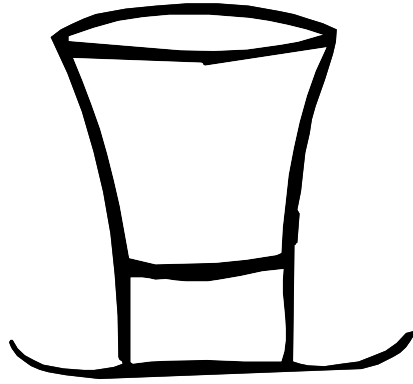
1. Lose or at/under goal if KOPS
2. Stay for the entire meeting
3. Contact all the chapter gainers from previous week
by phone, mail or e-mail

Make sure you have exciting prize/prizes for the winner/winners. Winner is the person who has completed building their Snowman at the 6th week, or 1st finished Snowman. In case of a tie, use best weight loss, or divide the prizes. If a KOPS has completed building their Snowman by the 6th week they automatically win. If your chapter is large enough you can have teams and the team with the most completely built Snowmen wins. Rules & prizes are determined by the chapter (thee rules I have given you are suggestions) Prizes could be a glittery Snowman ball, or a Christmas Snowman decoration of some sort, or everyone could bring in a Christmas Snowman decoration and the person/persons who wins divides the decorations.

As always the rules and prizes are the choice of your chapters.



Week #3
Snowman
Top hat



Week #2
Snowman mouth



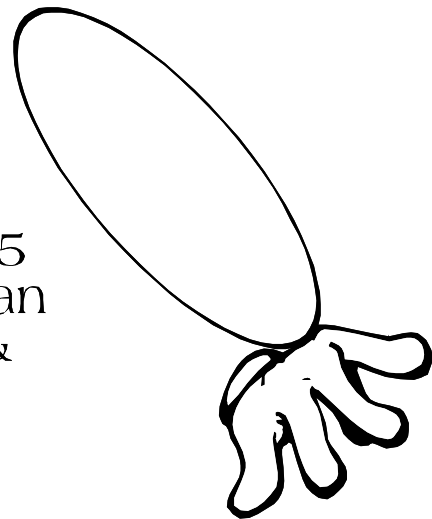
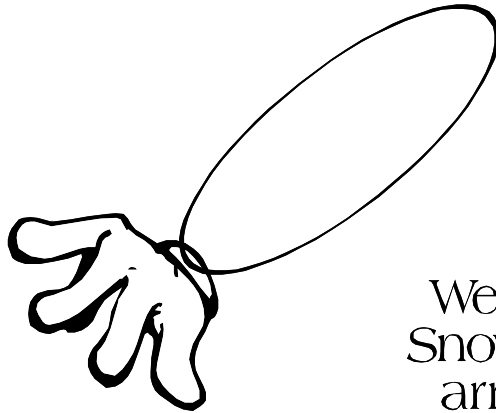
Week #4
Snowman
eyes



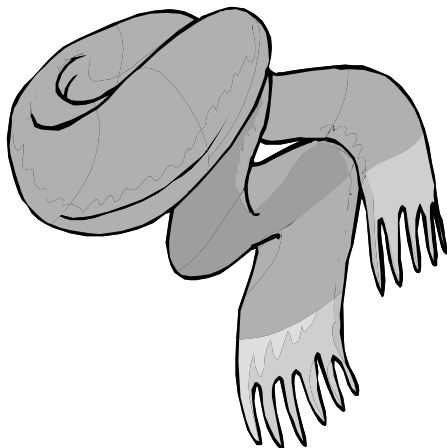
Snowman
nose



Week #5
Snowman
arms &
hands



Week #6
Snowman
scarf



Week #2
Snowman
buttons

