

# Quick n' Easy

Characters: Narrator, Dr. I. Cheatham, Nurse Eskap, and patient, Wanda Golightly.

Patient should be a KOPS, wearing lots of padding so that she looks overweight. Props needed will be evident as they show up.

A curtained off section stage is necessary. We also used a table in front of the curtain, with a sheet shielding items under the table from the audience.

Narrator: Good morning(afternoon). Welcome to the Meltaway Rightaway Clinic where Doctor I. Cheatham is making dreams come true for women who dream of losing weight quickly. If you are looking for a quick and easy weight loss, then this may be the place for you.

Dr. Cheatham and her faithful Nurse Eskap are about to perform their magic on a patient, Ms. Wanda Golightly. (exits)

Scene is doctor's office. On wall is a sign:

Meltaway Rightaway Clinic We shrink you -- and your wallet, too

Nurse (walks in with patient): Doctor, Ms. Wanda Golightly is here for her treatment.

Doctor: Well, Ms.. Golightly, you seem to have a slight weight problem. Have you tried to lose weight?

Ms. Golightly: Oh, yes. I only eat 500 calories a day; but I still gained 8 pounds this week. Do you think it could be water retention?

Dr.: Oh, sure. (aside) If she has been eating cactus. (Rolls eyes)

Dr.: OK, Nurse, check her blood pressure. (NURSE WILL NEED STETHOSCOPE.)

Nurse: (after reading) : Oh, my, not much improvement. Still 850 over 370.

(Ms. Golightly looks worried.)

Nurse: (aside to dr.): Is this condition curable?

Dr.: (aside, to nurse): Curable? Of course, it is – with diet and exercise. But if these people get turned on to that kind of cure, we will be out of business!

Dr.: Nurse, check the patient's heartbeat, please. (Nurse starts to listen to chest of patient).

Dr.: By the way, did anyone see that new movie where Mel Gibson is in his underwear?

(Nurse jumps back, jerks stethoscope from her ears, and makes gestures to clear her ears.)

Nurse: (after regaining her composure) Doctor, her heart is VERY strong!

Dr.: (turning to Ms. G., and smiling broadly) OK, Ms. Golightly, we can help you here at the Meltaway Rightaway Clinic. We are going to get rid of your excess weight, and make you slim and healthy, in just minutes.

Ms. G.: Oh, Dr., that would be wonderful! But I'm not sure what you are going to do.

Dr.: Well, we will be removing the fat from under your skin, using suction. We will be using the new Supersonic Gran Turissimo 500 suction device. It's completely computer operated, and it reacts to the slightest change in your skin pressure. It can safely remove fat at the rate of 40 pounds per minute. Nurse, would you show Ms. Golightly the SSGT-500?

(Nurse takes vacuum cleaner from under the table -- the older, the better.) (Patient looks as if she might faint.)

Patient: But, is it-----going to hurt?

Dr.: Oh, no. After a local anesthetic, we will make a few small incisions, in the places where we apply the suction. But don't worry, you won't feel a thing. (Nurse takes chain

saw from the table. Hedge trimmer, electric carving knife, etc. may also be used. But, of course, the bigger, the better.)(Nurse has to support patient, who swoons.)

Dr.: Well, let's get started, shall we? (Dr. and nurse, pulling and pushing, get patient, who is resisting, behind curtain.)

----- Narrator stands by curtain, and receives items as they are handed out. Have a table near to put them on.-----

(Sound of vacuum. Dr. hands out the first bag of fat. More vacuum sound, and second pound of fat comes out.)

Dr.: My goodness, what have we here? I've never seen this before. ( More vacuum, then a long cotton batting is pulled out – verrrryyyy slowly.)

Dr.: This is going to be more complicated than I thought. (Moaning and groaning sounds from patient, "hard work" grunting from doctor, and then, hands out , in succession, cookie bag, ice cream carton, pizza box, etc. -- use your imagination here.)

(More vacuum sounds, followed by three more pounds of fat.)

Dr.: I think we are just about finished. (More vacuum sounds, and out comes one boob, another, and then the bra!) Note: one of our members made verrrry large ones, and borrowed an extra-sized bra from a friend.

Dr.: Well, Ms. Golightly, we're finished. Stand up, and let's take a look at you.

(All come from behind curtain. Patient is now in regular clothes.)

Nurse: Wow! You look wonderful. How do you feel?

Ms. G.: (looking slightly weak) I'm not sure -- OK --- I think.

Dr.: Well, for a year, you will need to come back every six weeks and we will repeat the procedure. Make an appointment with the receptionist.

Ms. G.: Are you crazy? No more of this quick fix for me! I'm going to TOPS! (Runs from stage)

(Nurse and doctor look at each other, and shrug.)

(Curtain – followed by thunderous applause???????)

Narrator:: We hope you have enjoyed our lighthearted look at a way to lose pounds of fat quickly. We do have five one-pound packages of fat, which will be available if anyone wants to see just what is lost when the scale registers a loss of 1 pound, 2 pounds, and so on.

Let's all remember that the best way to lose weight is to Take Off Pounds Sensibly.