

Ping Pong Ball Contest

The Object is to spell out a phrase, letter by letter -- the 4th of July, probably will be something like "Proud to be an American". Christmas could be "Holly Jolly Christmas", Thanksgiving could be "Don't "Gobble" Too Much", Easter could be "Hop Away Those Calories" and on and on - be creative!

There is a ping pong ball for each letter (if there are 3 a's,

then there are 3 balls with an "a" written on them); (you can just use a marker to write the letter on the ball) --- these are placed in a coffee can with a plastic lid that we've cut a slit in so you can reach your hand inside to draw out a ball. This makes it easy to "shake" the balls. Always we include one "wild card" ball that member can use for any letter.

Each member pays a dollar to enter the contest. They have a card with their name and the phrase written on it and a blank above each letter. First to complete the phrase wins the money or in case of tie, splits the money equally. To Win a KOPS must be BG that night and others must show a net loss of 5 or more lbs since the contest began.

The Rules for drawing out a ball: what you draw is written in the blank and we always date each draw as well as record somewhere on the card anytime you draw a letter that you don't need and date that. Saves arguing later about "I didn't get to draw, etc."

*Free draw if you lose or, if KOPS, are A/BG

*Those eligible for a free draw can pay 10 cents and draw a 2nd ball

*Turtles and KOPS above goal, but in leeway pay 25 cents to draw

*Gainers or KOPS out of leeway pay 50 cents to draw a ball.

*Best Loser and KOPS of the Week get another free draw.

All the money is kept by the treasurer or contest coach and we have had as much as \$40 go to the winner. Sometimes this contest will last for many, many weeks. Lots of fun.