

"Mary, Mary Quite Contrary "

Take an ordinary flower box, put in some floral foam, then make "flowers" from wooden dowels and a Styrofoam ball ...

The TOPS got to add one "petal" (a pipe cleaner bent to make a petal shape) for each pound or fraction of a pound lost ...

For KOPS, I made a bunch of "weeds" from the corn off a corn broom ... The KOPS' job was to pull the weeds so the TOPS flowers could grow. We got to pull one weed for staying a KOPS, even if we were out of leeway, two weeds for being in leeway, three weeds for being at goal, or four weeds for being below goal ...

I divided them up into teams (two teams in our case, since our chapter is small and we only had two KOPS to head teams)

It was really neat and everyone seemed to like it ... Oh, and I made name tags for the flowers from these cute little flower-shaped post-it-notes I found ... put their name on it and attached it to the wooden dowel ...