

KOPS Reinstatement Ceremony

Supplies Needed:

Reinstatement charm, Corsage, Candle of continuity, Yellow candle for KOPS, White Candles for TOPS, small paper plates (for candles), Yellow paper hearts stepping stones (cut out of cardboard, saying

Love,Support,Friends,Inspiration,Success,Loyalty,Overcomer,Fellowship)

Line up members as follows. (Blue * are TOPS members and Green * are KOPS , if you don't have enough KOPS or TOPS can cut down or ad to suit own chapter))

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Reinstated KOPS Stepping Stones arranged down center **Table with candles**

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Leader or designated person lights candle of continuity and then says:

"KOPS are the lights in our chapter that guide us on our way" KOPS light their candles from the candle of continuity. "A reinstated KOPS is a very special person. The KOPS rules define them as "KOPS who revert back to TOPS status and have attained a weight goal a second time, and have again registered as a KOPS."

Reinstated KOPS have known despair, but never defeat. Have overcome, but never conquered. They have smiled through tears of sadness, turned the corner of self pity and moved into the light of a better understanding of a problem. A victory was always in sight and in their hearts, they kept faith in their minds, they kept knowledge. In their chapter they cherished the fellowship that was offered. with these things (*name of reinstated KOPS*) armed herself/himself knowing that KOPS status was one more stepping stone to the bridge of success. (*Name of reinstated KOPS*) as you walk down these stepping stones to success, you'll walk from TOPS to KOPS status. Each member has written something on a gold heart (the symbol of KOPS) to let you know they care. (*members pass their cards to reinstated KOPS as he passes by on the stepping stones*) As (*Name of reinstated KOPS*) lights his candle once again, we know that the inspiration of his achievement will cast its glow far and wide. Our reinstated KOPS we salute you. To represent this day we'd like to present you with the reinstatement charm as a chapter gift. Would each TOPS come forward and light their candles to continue the light of hope. (*Song suggested "you light up my life"*)

Now as we blow out the candles, remember we keep that light of hope burning deep inside, and if friends growing dimmer share some of yours.