

# **GO FOR IT!**

**You have the right to be you, the way you are, the way you want to be.**

**You have the right to grow, to change, to become, to reach for any goal.**

**You have the right to self-respect, to do what is needed to increase your self-esteem as long as you do not hurt another in doing so.**

**You have the right to be happy, to do that which is meaningful and rewarding to you and gives you a sense of completeness.**

**You have the right to win, to succeed, to make plans, to see those plans fulfilled and to become the best that you can possibly be.**