

# Christmas Skit

Here is a skit I wrote two years ago. Hope it helps put some fun into your Christmas Party. It starts out with a little reading from the Narrator. Then goes into the skit.

Narrator:

## THAT LOVELY SANTA, HOW DOES HE DO IT

Santa Clause is a scientific wonder, whose secrets for living to a ripe old age could help society "make aging a healthy and fulfilling experience," government scientist have said. "He's lived for centuries and accomplishes nearly impossible feats at Christmas time" said a spokesman for the Department of Agriculture Human Nutrition Research Centre, which conducts studies on health and aging. Lost in admiration for Santa's "robust health despite (his) having lived for 600 years," the more than 50 scientists at the Centre would love to study him, the spokesman said. But knowing Santa's schedule at this time of year, federal researchers decided to examine his diet and lifestyle from afar. In mock conclusions issued this week details of Santa's amazing health and longevity were made public for the first time.

Ever wonder how Santa polishes off all those cookies and milk left for him on kitchen tables without suffering the effects of high cholesterol? Simple researchers said. Santa must have plenty of high-density lipoprotein in his blood protecting him from coronary artery disease and heart attacks. Santa's ability- to spot house numbers at a distance is taken for granted, but many old people frequently develop cataracts that cloud their vision "He's probably getting plenty of vitamin C. Our preliminary research indicates Vitamin C may protect against the formation of the clouding of the lens that impairs vision.

Perhaps he is eating oranges while making the rounds in Florida or California.

Living at the North Pole where the sun is scarce may be Santa's greatest beauty secret. "By not being exposed to excessive sunlight Santa has been able to maintain healthy and relatively smooth skin, researchers conclude. Even though Santa may look a bit portly, he clearly would be unable to make his strenuous rounds in December were he just another fat old man, the scientists said. His ability to do all this with apparent ease indicates (Santa) must do endurance exercises. Santa's overall health indicates he must be eating well, especially foods such as cereal, beef liver and wheat germ that provide Vitamin E, researchers said. Elderly people need more vitamin E to strengthen their immune systems, they say.

SANTA SPEAKS OUT----EXCLUSIVE INTERVIEW \*\*\*--Nearly all the gifts are wrapped and ready, the reindeer are fit and raring to go and the famous red suit is just back from the drycleaner's. Santa Clause is right on schedule for yet another Merry Christmas. Since his preparations are going exactly to plan and despite this being his busiest time of year. Santa recently took time out to speak with us.

Reporter: Why the red suit Santa? Have you ever considered a change of color?

Santa I wear the red suit because it's bright and cheery.

People know me by the suit and they like it. I certainly won't be changing it.

Reporter: Have you ever come close to not being ready for Christmas?

Santa Yes twice..One year all the elves came down with the flu, so we lost a little production time. Also one year it was snowing quite heavily here at the North Pole and the sleigh was bogged down, but with the help of the other reindeer we managed to get it out and ready just in time.

Reporter: Is Rudolph still the boss of the reindeer team?

Santa Rudolph was never the boss, though he does have a special talent, using his bright red nose to help us find our way in foggy conditions. All the reindeer have their own special talent. Prancer, for example is very good at reading street maps, and Vixen is a good organiser. They all bring individual skills to the job

Reporter: How many elves help you at the North Pole?

Santa There are quite a few elves, in fact sometimes I lose count but I believe it's about 4,000.

Reporter: Who gives you Christmas gifts? What would you like this year?

Santa I usually have a quiet Christmas with Mrs. Claus. We have a lovely roast and lots of vegetables for dinner, a bit of Christmas pudding and then exchange gifts. This year I would really like some big woolly socks hand-knitted by Mrs. Claus of course.

Reporter: How do you manage to deliver presents to every house in the world on Christmas night?

Santa It's a little bit of magic, a secret.

Reporter: What's the best present you've given Mrs. Claus for Christmas?

Santa A night off, we went out for dinner and then danced under the Northern Lights.

Reporter: Do you really know who is naughty and who is nice?

Santa Well, I have found that most children are nearly always nice. But I rely on the children's parents to make that judgement, and I try not to get involved in family disputes.

Reporter: What type of food and drink do you like people to leave out for you? And what about the reindeer? Are carrots still their favourite?

Santa -I am quite partial to an apple so I can snack, while I am doing my rounds. Sometimes I really enjoy a small piece of Christmas cake and a little glass of sherry. It does depend on the weather, though. I try to drink eight glasses of water a day and maintain a healthy diet, but Christmas is a special time, When I can indulge a little as I eat pretty sensibly through out the rest of the year. As for the reindeer, they love carrots, but they also enjoy some crunchy celery and peanuts.

Reporter: Do you have reserve reindeer in case the first-graders are sick?

Santa I have an alternative plan in case the first-graders are unavailable, but they are in training most of the year like me. They get plenty of exercise preparing for the big event, so they are not likely to miss it. One of them did pulled a hamstring one year, but he had some emergency physiotherapy, so things worked out well.

Reporter: How do you cope with the stress of the night?

Santa I have a nice hot foot bath and a bowl of hot soup, while sitting in front of the open fire before I leave for my big trip. I find this just so relaxing and it puts me in a cheery frome of mind. I really love my job, so I don't find it stressful at all. As a career choice it was excellent.

Reporter: What do you do during the rest of the year?

Santa I spend a lot of time supervising the toy-making and I like to check out the latest trends, so you may find me doing some market research and product-testing to find the most popular toys. I also attend some safety council meetings to ensure that the toys are of the highest standard and are safe for all the little boys and girls. I do try to have one week off each year. I spend it in a secret sunny spot where I can go swimming and walking. And as I said before I eat sensibly and get lots of exercise the rest of the time.

Reporter: How much longer can you continue at such a frantic pace?

Santa As long as there is Christmas, I will be a part of it.

Reporter: What will happen if you retire? Will we still have presents?

Santa I have no plans for retiring, It's really up to my public how long I will be welcome. I had thought of branching out and releasing a few music singles. I don't know if you are aware but I know quite a few Christmas songs, and I had thought about doing an aerobics

video. My present job does keep me busy though. And there will always be Christmas. The hope and joy that the season brings doesn't really need me, but I have tried to help it along in my own small way.

Reporter Do you have a special message for our Members here tonight?

Santa Enjoy your Christmas and try to keep a little Christmas in everyday. Eat sensibly and get plenty of exercise, drink at least 8 glasses of water a day to flush your system of impurities. You know Christmas isn't only for children it's for everyone, young and old. I love to hear from all of you....

MERRY CHRISTMAS EVERYONE.

Reporter Well thank You Santa, and on behalf of all of us here, I would like to wish you the very Merriest and Happiest Christmas and New Year.