

Yarn Toss

The first person starts by tossing a ball of yarn to a member as we sat in chairs in a circle, when you were passed the yarn it was your turn to tell why you joined TOPS or what you have found since joining TOPS.

Then after it was your turn you toss the yarn to another member while holding onto the other end of the yarn. At the end we were all holding the yarn in a web in the middle of the room. The significance of the web was the network of support you gain from your TOPS chapter.

This was an effective program for especially for visual learners. It is also heart warming to hear everyone's stories, failures and successes.