

# WE CHANGE

When I was in my younger days, I weighed a few pounds less,  
I needn't hold my tummy in To wear a belted dress.  
But now that I am older, I've set my body free;  
There's comfort of elastic Where once my waist would be.  
Inventor of those high-heeled shoes My feet have not forgiven;  
I have to wear a nine now, But used to wear a seven.  
And how about those pantyhose- They're sized by weight, you see,  
So how come when I put them on, The crotch is at my knees?  
I need to wear these glasses, as the prints were getting smaller;  
And it wasn't very long ago I know that I was taller.  
Though my hair has turned to silver and my skin no longer fits,  
On the inside, I'm the same old me, Just the outside's changed a bit.  
On a positive note I've learned that no matter what happens, or how bad it seems today, life does go on, and it will be better tomorrow.  
I've learned that you can tell a lot about a person by the way he/she handles these three things: a rainy day, lost luggage, and tangled Christmas tree lights.  
I've learned that regardless of your relationship with your parents, you'll miss them when they're gone from your life.  
I've learned that making a living is not the same thing as making a life.  
I've learned that life sometimes gives you a second chance.  
I've learned that you shouldn't go through life with a catcher's mitt on both hands. You need to be able to throw something back.  
I've learned that if you pursue happiness, it will elude you, but if you focus on your family, your friends, the needs of others, your work and doing the very best you can, happiness will find you.  
I've learned that whenever I decide something with an open heart, I usually make the right decision.  
I've learned that even when I have pains, I don't have to be one.  
I've learned that every day you should reach out and touch someone. People love that human touch-holding hands, a warm hug, or just a friendly pat on the back.  
I've learned that I still have a lot to learn.  
I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.  
I've learned that "Friends are God's way of taking care of us."  
I've learned that you should pass this on to someone you care about. I just did. Sometimes they just need a little something to make them smile.