

TOPS IS A LIFESAVER

Sue McCutchen

suemccutchen@hotmail.com

I revamped an older program to go along with new theme "Tops is a Life Saver." I printed out several theme life saver logos on front side of papers and a problem on the back side from QO-07 Problem Solving (a wellness quick & easy program). I just replaced the old hand in hand theme wording with new theme. Then passed them out to members as we read the problems & discussed solutions. Really enjoyed everyone's participation. Thought I'd share the idea.