

"Taking a Trip to the Beach" Contest

Take a picture of a driver in a car (TOPS/KOPS member).

In order to go to the beach, we need to bring five articles before we leave. They are:

- 1. Beach towel**
- 2. sunglasses,**
- 3. beach bag,**
- 4. Beach chair.**
- 5. Umbrella.**

Every week there is a loss, they get one beach article.

Plan on having a five week contest.

All members that have 5 consecutive weight losses, their name will be put into a drawing for some of the actual beach items.

All others that participate (no 5 losses) will be put into a separate drawing.