

# Stupid Cupid Learns a Lesson

by Debi Renegar, TOPS #OK 263  
from TOPS News February 1995

**Cast: (wearing large signs bearing their names)**

Stupid Cupid  
Wavering Wanda  
Sensible Sam

**Stupid Cupid** Wow! I can't believe its almost Valentine's Day. I Can't wait to get my hands on a box of Chocolates! I'm gonna eat and eat and eat. All that yummy-gummy, icky-sticky, ooey-gooley chocolate. And those cute little heart candies and heart shaped cakes. Oooh, Candy and Love and Love and Candy ! Oooh...

**Wavering Wanda**

Hi, Stupid Cupid. What were you saying about Valentine's Day? Something about chocolates and candy.

**Stupid Cupid**

Yeah, it's gonna be great, Wavering Wanda. Aren't you excited ?

**Wavering Wanda**

Well,.....yes, But I'm feeling scared too. You see, I'm trying to lose some weight and take better care of myself. But I sure do love chocolates. I hope I can resist.

**Sensible Sam**

Excuse me, Wavering Wanda. I couldn't help overhearing your conversation. I lost my excess weight in my TOPS chapter, and we have a helpful motto. It is: Moderation in all things; then you'll see the joy it brings.

**Stupid Cupid**

Oh, ignore him, Wanda. I have a motto too: Eating goodies ain't so bad; being slim is just a fad!

**Wavering Wanda**

Gee, I don't know, Stupid Cupid. I want to be able to look and feel good about myself.

**Sensible Sam**

That's the spirit, Wanda. You've got to hang in there and be consistent. Did you know that being overweight also can contribute to depression and put one at high risk for other serious health problems? Why not visit my TOPS chapter, where we learn to take off and keep off pounds sensibly? We have lots of fun too.

**Stupid Cupid**

Oh, come on, Wanda. Don't listen to him. He sounds too serious to have fun. He probably saved up his candy money to have his sweet tooth extracted. Why, he's so slim, I'll bet he has no LOVE Handles! Join me, Wanda, not TOPS. Don't you want a sweet treat? Don't you want some candy and cake? Forget your diet and let's really party. Yo, Mama! Let's boogie!

### **Wavering Wanda**

Look, Stupid Cupid, we're both too chubby. My excess weight makes me sad and depressed. I miss the old slimmer me. Sure, the goodies are fun to eat, and they might take my mind off my problems for a while. But, you know, the goodies are only a temporary fix. Then it's right back to reality.

No, Cupid, I'm gonna eat my fruit and vegetables and trim my waistline. And you should consider joining me. I thought Cupid was supposed to be all about hearts and love. Why don't we both take care of our HEARTS and LOVE ourselves enough to eat sensibly and get healthy? Be an angel Cupid, and join TOPS with me!

### **Lucid Cupid**

Well,...I have been feeling a little strain on my wings lately. Okay, I'll give it a try. But, tell me, do you think they'll make me wear my wings during weigh in ?

{ Wanda grins and shrugs her shoulders at Cupid. Cupid returns her grin and shrugs too)

### **Wanda, Cupid and Sam**

(Join hands and speak in unison to audience)

You're breaking your heart if you are gaining. The weight won't go by just complaining. So sample rarely treats and candy, Exercise and you'll feel dandy. Your loss will make you feel so proud. Your TOPS pals will all shout out loud:

"Hip, Hip, Hurray for You!!