

# Snowman

We made snowmen out of styrofoam balls and various little items to dress him. Your team has to lose 5 pounds to get the bottom (biggest) ball, 3 pounds for the middle ball and 2 pounds for the head. Then your team has to lose 2 pounds to get a hat, and 1 pound for each additional item. We had eyes, nose, a mouth, three buttons and two arms. It all added up to a total team loss of 20 pounds. I had to keep track of the fractions of a pound from week to week (we had to have lost a full pound to earn an item) but it wasn't that difficult to keep track of and we had a lot of fun watching our snowmen grow as we shrunk!