

Ski/Skating

I used a large blue felt "banner" and mounted a large white felt "mountain" on it, and off at the base a gray "Skating pond" The "mountain had a brown "tip-top house", lanes across to indicate pounds lost, and green ""fir trees" down the sided. Over the top of all, there was a big yellow "sun". I made figures about three inches tall from different colors of pipe cleaners, with pins to mount them on the contest "Banner" So far as I can remember. the fee to enter was a dollar, TOPS contestants started at the top of the mountain; KOPS were "skaters", and were all on the skating pond. and stayed there as long as they were in leeway; if they gained out of leeway, they moved to the mountain at the appropriate level for the loss needed to get back in leeway. Members who did not want to join the weight loss contest, were allowed to "coach" a member who did, and their figures were stationed at the bottom of the "mountain", They paid the same fees as contestants, and were expected to encourage their individual contestants in any way they could. TOPS entrance fees were used as TOPS prizes, and divided among winners. "Coaches" fees were divided among coaches of winners.' For KOPS, the entry fees were used as prizes for a "drawing" for winners. The contest involved both TOPS and KOPS, and allowed non-contestants to be a part of it as "coaches" .