SHRINKING VIOLETS vs RAMBLING ROSES
(or whatever names you like)

Props: Two matching clear containers - fairly large......... One package red kidney beans for one team........One package white beans (pea beans or white limas) for the other ..........Appropriate tags for members of each team
Fees - whatever you wish.
Captains - one for each team.
Teams - select by drawing from slips with names of Teams (just enough for the number of members) - half for one team, half for the other; colored slips for KOPS, white ones for TOPS (This is to see that one team does not have more Kops than the other) Each person writes his/her name on slip drawn, and gives it to her captain - each makes a list of members on his/her team to be posted on bulletin board, and gives each member on the team an identification tag. Members not present for the drawing should be assigned to teams to keep an even number on each. Choose a starting and finish date.
RULES: Each member, after weigh-in, will report to her team captain, who will put beans into containers- for each one fourth pound LOSS, one bean of team's color into her container. For each one fourth pound GAIN, one bean of her team's color into competitor's container. Team with most beans is winner (if necessary beans can be weighed or counted)
Prize - each member of the winning team; receives a ticket for a drawing - winner of drawing gets prize - Whatever you like (I made a TOPS tote bag for the drawing) Losing team has to present a program for a specific date.