

PAPER CLIP CONTEST

RULES: Last from first week in January until Christmas party in December

TOPS/KOPS: Free paper clip at the start of contest Must be with you and displayed at each meeting or you lose one paper clip.

Excused Absences will not lose a paper clip. Unexcused Absences (if you do not call) will lose one paper clip when you return. You also lose a paper clip if you do not weigh in by 9:50 AM.

KOPS at or under goal: First week and each week after, TWO paper clips for being at or under goal and one for being 4 lbs below goal (So it is possible to get at least 3 a week)

KOPS over goal: one paper clip for being over goal but within leeway, plus one paper clip for each 1/4 loss if over goal (count to goal only). If over goal and gain put one paper clip back.

TOPS: First week and each week after, receive one paper clip for each 1/4 lb loss. Turtle gets one paper clip. Starting the second week and each week after you will put back a paper clip for each 1/4 lb gain. (If you don't have enough to put back you need to deduct from future weeks so need to keep track)

TOPS and KOPS with longest chain in December wins.