

ONE MOMENT IN TIME

(By: topsy1104@hotmail.com)

(Start song) This is a very special night for all of us.

(Name of KOPS)today we celebrate your one moment in time.

(Turn off lights. Candlelight.)

I would like to ask our Kops to bring (Name of KOPS) forward and present her to you at this time.

(Name of KOPS) today we celebrate your One Moment in Time. We celebrate the moment when you were more than you thought you could be. Your finest day is yet to come. You fought every pain to taste the sweet. You rose and fell and you faced the pain. Yet through it all this much remains..... You wanted one moment in time

When you were more than you thought you could be

When all of your dreams were a heartbeat away

And the answers were all up to you .

You're a winner for a lifetime if you seize the chance

for that one moment in time. (Present her with frame of song)

We just want you know how very proud (Chapters name) is of you today.

You are proof that you should never give up your dream and just because you don't achieve it right away, you just have to keep working at.

One of your famous sayings is that you can't quit paddling in the middle of the ocean.

You proved that to us and now we celebrate you accomplishment.

This candle before you represents your new standing as a KOPS. The 4 little candles represent the 4 Kops in our chapter and just as the smaller candles surround the bigger candle, so shall our Kops surround you with their support.

As leader, co-leader and fellow Kops members, we would like to give you something to remember tonight and also to remember

what the responsibility of being a Kops means.

Basket presentation.

(Rose presentations. New KOPS receives ½ dozen yellow roses. Each Kops receives 3 yellow roses.) (Volunteer to help with presenting roses.)

Name all your KOPS

The yellow roses you are being presented is a symbol of beauty and perfection, it symbolizes the dreams of every TOPS to become a KOPS. It symbolizes the reality of that dream. The yellow color of the rose symbolizes the rarity of your accomplishment, meaning that you have kept

faith and accomplished your desired weight by sensible eating. May your

yellow roses serve as a symbol of beauty, the beauty you have achieved through your self denial.

(Name of KOPS), We would also like to present you with your Kops badge and a Kops charm.

Each of the Kops is being given a single yellow rose. This rose is a very special rose.

(Read poem).

At this time I'm going to ask each of them to present their rose to someone in the chapter that they would like to see standing here with them.

Present your rose.

Example for plaque:

(Name of new KOPS)

KOPS - (Date of KOPS)

One Moment In Time

Each day I live.... I want to be

A day to give..... The best of me

I'm only one..... But not alone

My finest day..... Is yet unknown

I broke my heart..... Fought every gain

To taste the sweet..... I face the pain

I rise and fall..... Yet through it all

This much remains

I want one moment in time

When I'm more than I thought I could be

When all of my dreams are a heartbeat away

And the answers are all up to me

Give me one moment in time

When I'm racing with destiny

Then in that one moment of time

I will feel..... I will feel... eternity

I've lived to be.....The very best

I want it all..... No time for less

I've laid the plans..... Now lay the chance

Here in my hands

Give me one moment in time.....

You're a winner for a lifetime

If you seize that one moment in time.....Make it shine

Give me one moment in time

Then in that one moment of time

I will be..... I will be

I will be free ...I will be... I will be free!