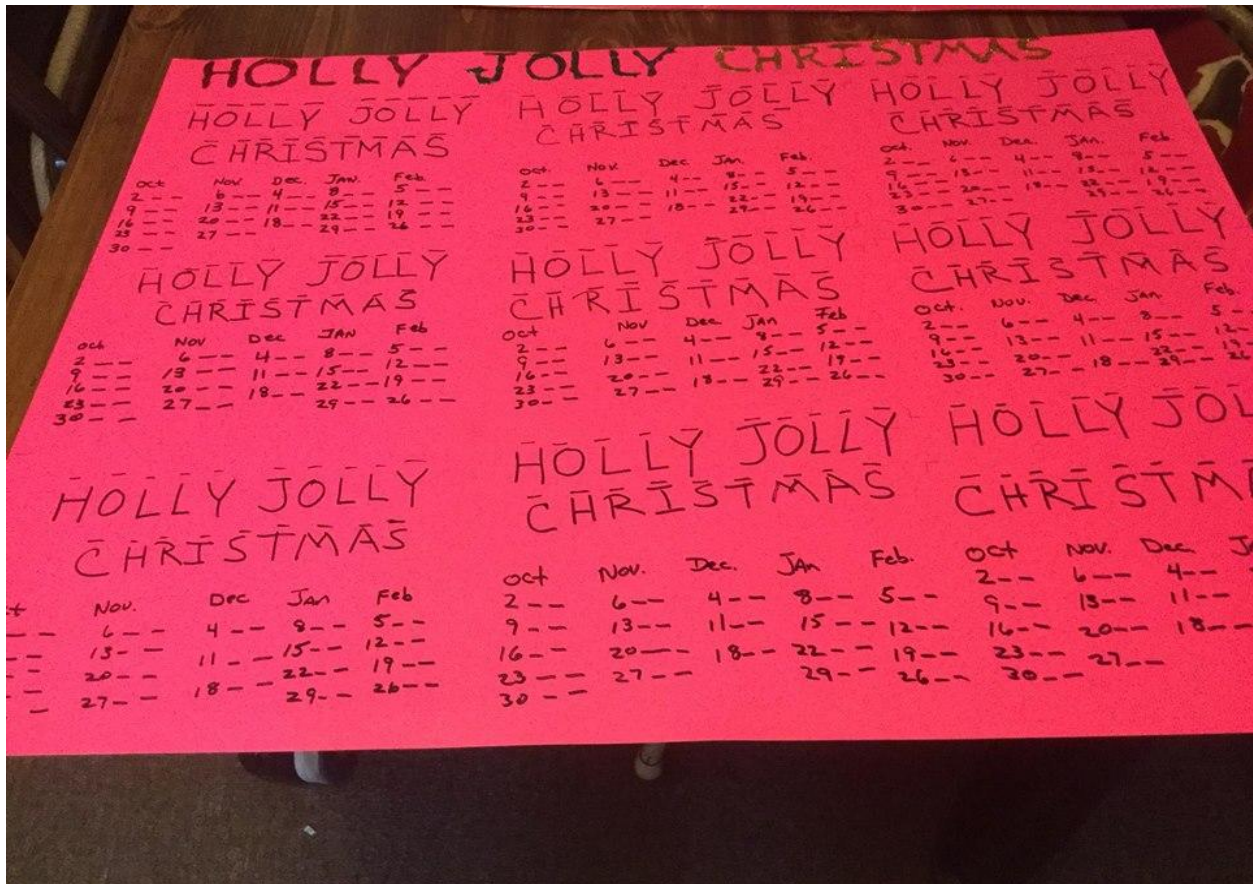


HOLLY JOLLY CHRISTMAS CONTEST



It seems like the months before Christmas have more opportunities to get us off our healthy path what with Halloween, Thanksgiving and Christmas get together. We will be starting a new challenge Oct. 2. Holly Jolly Christmas is a contest that both TOPS AND KOPS can enter. TOPS that lose each week and KOPS that maintain or are below will choose a ping pong ball with a letter on it from the grab bag. The first to spell Holly Jolly Christmas wins! \$1.00 to enter and "losers" can choose to pay 10 cents (25 cents KOPS) to pick another ball. Great Fundraiser!