

Hand in Hand Installation

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(Using Elton John's "Friends" is a nice musical accompaniment to this installment.

A small token of appreciation could include a hand-shaped ring holder, costume ring or hand creams, a manicure item for each office, etc. Decorating an installation table with cutout hands made, decorated and signed by each member is a fun way to carry through the theme. Have a TOPS emery board for all members.

Start:

I remember the day I stepped across the threshold into my very first TOPS meeting. I have finally faced the fact that I needed a helping hand! I needed some extra support, lots of understanding and caring as I attempted to change old eating and exercise habits.

Do you remember being greeted with warm, smiling, friendly folks who welcomed you into a very special family? With such backing, we know we will keep trying until we succeed. How very lucky we are to have our KOPS holding out their hands to beckon us into their inner circle. They encourage us to reach goal, join with them and begin the task of maintain all the changes we have made. As more of us join hands with our KOPS, we will encircle our fellow members in a ring of hope. Firmly, gently and steadily our officers

reach out to each of us to take our hands and guide us along our way. They hold us united at our weekly meetings, inspire, encourage and rejoice with us while leading the applause for each honor we earn.

Will the Weight Recorder please come forward? You are the chapter's thumb. You grasp the purpose for coming together each week and praise progress while encourage those who are struggling.

_____ (name) The weight recorder records each member's weigh-in on official forms as well as maintains and files on time all necessary weigh records. The weight recorder studies and follows all current TOPS and KOPS rules applying to weight recording. If you accept these duties, answer "I do". Having so affirmed, accept this token of the office of the chapter Weight Recorder of TOPS#_____.

Will the Treasure please come forward? Your task is represented by the chapter's ring finger, handling its assets carefully and assuring full recognition for all.

_____ (name) The Treasurer handles all money received and disbursed, gives reports whenever requested at regular meetings on chapter finances and promptly forwards all memberships, maintenance fees and other transactions to the coordinator. If you accept these duties, answer "I do". Having so affirmed, accept this token of the office of chapter Treasurer of TOPS #_____.

Will the Secretary please come forward? You are the chapter's "pinkie". Quietly noting all concerns and steadying the hand as it grasps new challenges.

_____ (name) The secretary keeps accurate minutes at each meeting - - specifying names, dates, motions, and contest rules as needed. If asked by leader, secretary reads all official communications and tends to all correspondence. If you accept these duties answer "I do". Having so affirmed, accept this token of the office of chapter Secretary of TOPS# _____

_____.

Will the co-leader Please come forward? You are the chapter's middle finger, positioned to take over any office vacancy when needed with confidence and enthusiasm. _____ (name) The co-leader helps the leader serve the chapter, presides at chapter meetings in leader's absence and fills the office if permanently vacated. Co-Leader also fills any other office temporarily until the officer returns or a permanent replacement is elected or appointed. If you accept these duties, answer "I do." Having so affirmed, accept this token of the office of chapter Co-leader of TOPS # _____.

Will the Leader please come forward? You are the chapter's index finger, pointing the way, insisting that we be united in our commitment, acting as one to help all. _____ (name) Keeping in mind the goals and philosophies of TOPS Club, Inc., the leader

determines and carries out the wishes of the majority of the chapter. The Leader disregards personal preference, is well prepared, starts meetings on time, seeks member participation, guides topic discussion and enthusiastically develops helpful, inspiring topics. The leader works with all officers and reviews the chapter's progress regularly. The leader notes individual progress and talks with those having difficulty in private offering extra encouragement. If you accept these duties, answer "I do". Having so affirmed, accepted this token of the office of chapter leader of TOPS

#_____.

Our officers form a strong hand to nestle us securely in the palm. Let's all stand, joining hands with each other, hand in hand, start out fresh today. Fellow members, if you are willing to dedicate yourselves to help your officers in the coming year, stand and say, "I do" and put your hands together in praise and dedication to all.

TOPS#_____ Together you can!

You take my hand and I'll take yours,

And we'll start out today,

For a helping hand is what we need

To guide us along the way.

The way to goal is a lonely road

We need someone to care.

Reach out, my friend, and take my hand,

And then we're almost there.