

DIET"O" CONTEST

Make enough copies of this page for each member. After weigh-in of each meeting give members gold stars to cover the square(s) totaling the amount of weight they lost. The member to cover all squares first wins. There is no time limit to this contest. When the squares are completely covered, the member will have lost 18 pounds.

Name _____

Turtle	$\frac{3}{4}$ lb.	1 lb.	1 $\frac{1}{2}$ lb.	2 lbs.
$\frac{1}{2}$ lb.	2 lbs.	$\frac{1}{4}$ lb	Turtle	1 lb.
2 lbs.	$\frac{1}{2}$ lb.	Free	$\frac{1}{2}$ lb.	$\frac{1}{4}$ lb.
$\frac{1}{2}$ lb	$\frac{1}{4}$ lb.	2 lb.	$\frac{1}{4}$ lb.	Turtle
$\frac{3}{4}$ lb.	$\frac{1}{2}$ lb.	$\frac{1}{4}$ lb	1 lb.	$\frac{3}{4}$ lb